



# McDowell County FACES Newsletter

## The FACES of HOPE

April, 2011

facesfrn.com

email: facesfrn@yahoo.com

### What's In A Month?

#### Make McDowell Proud Day

April 30, 2011

Contact Solid Waste Authority for more information at 304-436-6608.

#### Copper Ridge Land Fill

Free dumping day: April 29, 2011.

For more information call 304-436-6174.

#### EDA Board of Directors Meeting

April 26, 2011 at 11:00 a.m.—open to the public.

#### Healthy Families Healthy Children

Meeting April 15, 2011 at 10:00 a.m. at Southern Coalfields Tobacco Prevention Office.

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# Prescription Drug “Take Back Day” Scheduled for McDowell County

## Saturday, April 30, 2011

### 10:00 a.m.—2:00 p.m.

Do you have prescriptions that are out dated? Do you have over-the-counter cold medications you no longer take? Do you have prescriptions and did not finish taking all of the pills? Has a loved one passed away and left prescription medication that you do not know what to do with? Are you afraid that your children or grandchildren may end up taking your medications by mistake, by choice, or to sell? Did you know that flushing medications and throwing them in the garbage can affect our water systems?



If you answered **YES** to any of these questions you may want to consider the following:

**On April 30, 2011 from 10:00 a.m.—2:00 p.m. at the DMV Parking Lot, Welch, WV the McDowell County Sheriff's Office, DEA, and McDowell County HOPE Coalition will hold a prescription drug take back day.**

We are offering an opportunity to dispose of these medications properly—**no questions asked.** The take back will begin at 10:00 a.m. You can drive into the lot, walk, or send the medications to be dropped off.

Were you aware that 76% of those interviewed disclosed getting their drugs not from dealers, doctors, or the internet, but from family and friends. Sometimes family is innocent and simply do not think that their prescriptions are a problem but if they are not securely stored, they are accessible to children and visitors (whether invited or not). Because of the risk of medications getting into the wrong hands, the HOPE Coalition has purchased lock boxes for medications. **The first 200 individuals to turn in prescriptions on April 30, 2011 will receive a lockable medicine box free. You must be present to get a lockable box.**

## In-Home Visitation Program



Maternal Infant Health Outreach Worker

**McDowell County** has been selected as one of the 5 counties to be offered the in-home visitation MIHOW program. The WV Home Visitation Program presented the opportunity to 21 individuals at the HOPE Coalition and agreed to meet again on April 7, 2011 at 10:00 a.m. at the FACES office to review program options and create a short list of agencies interested in applying to be the fiscal agent for the services.

As designated by the WV DHHR on behalf of Governor Joe Manchin III, the Office of Maternal, Child and Family Health (OMCFH) has the assignment of the lead agency to coordinate, develop and implement the West Virginia Home Visitation Program. The primary focus of this Program will be to increase the infrastructure within our state to expand home visitation services to clients residing in highest at risk counties determined by the results of this comprehensive Statewide Needs Assessment.

High quality home visiting programs are an effective service delivery method to support healthy development in early years, ensuring that children succeed in school and beyond. . . infants and toddlers who participate in high quality home visiting programs are shown to have increased cognitive development, greater likelihood to enroll in preschool programs, increased school readiness at

kindergarten entry, higher IQs and language scores at age six, higher grade point averages and math and reading achievement test scores at age nine, and higher graduation rates from high school.

A successful home visitation program consists of a “two generational approach” of addressing problems and introducing interventions of mutual benefit to parents and children consisting of:

1. Training of parent(s) on prenatal and infant care
2. Training on parenting skills
3. Developmental interaction with infants and toddlers
4. Family planning assistance
5. Development of problem-solving and life skills
6. Education and work opportunities
7. Linkage with community services

The Task Force also identified the barriers to the effectiveness of home visitation found in the literature as being:

1. Difficulties in retention of participants resulting from moving and lack of incentives to remain in the visitation program
2. Turnover of program staff due to low salaries, travel, burnout and physical danger
3. Use of under-qualified staff which is a point underscored by the NCSL which found that programs delivered by professionals (nurses and social workers) were much more effective than those delivered by paraprofessionals or volunteers.

Your agency’s input is needed and important in the decision process. For additional information contact Kathie Whitt at 304-436-5255.

## ARBOR DAY



The first Arbor Day took place on April 10, 1872 in Nebraska. It was the brainchild of Julius Sterling Morton (1832-1902), a Nebraska journalist and politician originally from Michigan. Throughout his long and productive career, Morton worked to improve agricultural techniques in his adopted state and throughout the United States when he served as President Grover Cleveland's Secretary of Agriculture. But his most important legacy is Arbor Day. Morton felt that Nebraska's landscape and economy would benefit from the wide-scale planting of trees. More than one million trees were planted on the first Arbor Day. Today all 50 states celebrate Arbor Day although the dates may vary in keeping with the local climate. WV Arbor Day is the 2<sup>nd</sup> Friday in April.

For the homeowner, Arbor Day is an excellent opportunity to take stock of the trees on your property and plan for the future. Inspect your trees and note any broken branches or evidence of disease or insect infestation. Think about how planting new trees might improve the look of your property or provide wind or heat protection. Take a trip to your local nursery to see what's available and to get new ideas. Walk around your neighborhood. Are there any public areas where tree planting or tree maintenance might make a real difference to your community? Talk with your neighbors. Find out what their opinions are. And, oh yes, plant a tree.

## Child Abuse Prevention Month

**Child abuse** is one of the greatest tragedies of our times. It doesn't have to be. We can prevent it by building communities that are committed to families and to the support and services they need to raise strong, healthy and successful children. That begins with awareness.

April is devoted to celebrating everything we can do to transform our communities into places that care about and actively support families and children. By making sure all parents in our communities have access to quality child care, affordable health services, parenting education resources, substance abuse treatment and mental health programs, we make progress toward what the month stands for -- preventing child abuse.

Child Abuse Prevention Month is about connecting all of these things so solutions to child abuse receive the attention we need and that people expect. It is not enough to care about the problems of child abuse and neglect and to address the consequences. We also have to pay attention to the kinds of efforts that will prevent it from happening in the first place. It's a shared responsibility. We all play a part in caring for our nation's children and sup-



porting families.

The Child Welfare Information Gateway website provides links to resources and information about child abuse prevention, family strengthening, family-centered practice, family support, family preservation services, and many related topics. Throughout the Resource Guide, links to related Information Gateway webpages will provide you with a wealth of additional information:  
[www.childwelfare.gov](http://www.childwelfare.gov)

The Center for the Study of Social Policy—Strengthening Families

coordinates the national Strengthening Families initiative, which is being implemented in more than half of all States. Strengthening Families engages early childhood programs and other unusual partners in preventing child abuse and neglect by building five research-based Protective Factors that are shown to correlate with reduced incidence of child abuse and neglect.

[www.strengtheningfamilies.net](http://www.strengtheningfamilies.net)

Research has shown that the following protective factors are linked to a lower incidence of child abuse and neglect:

1. Nurturing and Attachment;
2. Knowledge of Parenting and of Child and Youth Development;
3. Parental Resilience;
4. Social Connections;
5. Concrete Supports for Parents

McDowell County has a high number of child abuse cases and 90% or more of children in custody have substance abuse issues within the home.

**WE CAN AND MUST**

**PREVENT CHILD ABUSE!**

## Division of Rehabilitation Services

McDowell County Clients can apply at the Division of Rehabilitation for services that include dental, surgery, hearing aids, and glasses. To be considered for these services the client must be working and must keep their job. All services are based on individual needs. Not all clients are eligible for these services.

Division of Rehabilitation Services assists people with training or job placement. They can pay towards a training program including college, vocational programs, mining cards, heavy equipment, etc. An application has to be completed. The person has to have a disability that causes them to be unable to work in a certain work area (i.e. if a miner is injured and cannot work in the mine, an assessment to determine other work areas for the client is completed). For more information visit the Division of Rehabilitation in Welch.

EARTH DAY/WEEK

McDowell County FACES  
P.O. Box 426  
25 Bank Street  
Welch, WV 24801  
Phone: 304-436-5255  
Fax: 304-436-5256  
Email: facesfrn@yahoo.com  
Web: facesfrn.com

Meeting: 2nd Thursday of each month at noon—open to the public.

*This newsletter brought to you by funds from the WV DHHR.*

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**Earth Day** is a day that is intended to inspire awareness and appreciation for the Earth's natural environment. Earth Day was founded by United States Senator Gaylord Nelson as an environmental teach-in first held on April 22, 1970. While this first Earth Day was focused on the United States, an organization launched by Denis Hayes, who was the original national coordinator in 1970, took it international in 1990 and organized events in 141 nations. Earth Day is now coordinated globally by the Earth Day Network, and is celebrated in more than 175 countries every year. April 22

corresponds to spring in the Northern Hemisphere and autumn in the Southern Hemisphere. Numerous communities celebrate Earth Week, an entire week of activities focused on environmental issues. In 2009, the United Nations designated April 22 International Mother Earth Day.

HOPE Coalition News

- ⇒ The Board of Education will host the Drug Free Alternative Day May 7, 2011.
- ⇒ Head Start will begin pre-K screenings and registration in April and May.
- ⇒ Healthy Families Healthy Children will meet on April 15, 2011 at Southern Coalfields Tobacco Prevention Office at 10:00 a.m.
- ⇒ Tasha Dotson stated that the plans for the April Child Abuse Awareness event will be announced soon as there are complications with the date because of no school. She said they have a therapist, Angie Martin, at the center now who is serving 40 families. They are looking to place another therapist soon.
- ⇒ SAFE/SHED has three positions open: SHED Director, Loan Processor/Originator, and Data Base Report Manager.
- ⇒ Legacy Foundation training on tobacco use among pregnant and post partum women on April 14 from 9:00 a.m.—4:00 p.m. at Kimball War Memorial building.
- ⇒ The Wastewater Treatment Coalition is currently seeking a part time Coordinator.
- ⇒ The HUBCap Community Collaborative Team received training last week and continue to work on the Performance Agenda.
- ⇒ BCPIA will host a community baby shower on April 19, 2011 for pregnant women and new mothers. Participants must pre-register.
- ⇒ The HOPE Coalition will meet on the In-Home Visitation Program on March 7, 2011 at 10:00 a.m. at FACES.

