



# McDowell County FACES Newsletter

## The FACES of HOPE

April, 2015

facesfrn.com

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### APRIL IS CHILD ABUSE AWARENESS MONTH



As we move into April it is Child Abuse Prevention Awareness Month. We all know child abuse and neglect happens and rather than concentrate this article on the statistics

and negative parts of the issue, I wanted to share with you what the **Protective Factors** are and what it means as well as what you can do to encourage them with your child, grandchild, etc.

**Nurturing and Attachment:** Our family shows how much we love each other.

- Take time at the end of each day to connect with your children with a hug, a smile, a song, or a few minutes of listening and talking.
- Find ways to engage your children while completing everyday tasks (meals, shopping, driving in the car). Talk about what you are doing, ask them questions, or play simple games (such as "I spy").

**Knowledge of Parenting and Child Development:** I know parenting is part natural and part

learned. I am always learning new things about raising children and what they can do at different ages.

- Explore parenting questions with your family doctor, your child's teacher, family, or friends.
- Subscribe to a magazine, website, or online newsletter about child development.
- Take a parenting class at a local community center (these often have sliding fee scales).
- Sit and observe what your child can and cannot do.
- Share what you learn with anyone who cares for your child.
- <https://www.childwelfare.gov/topics/preventing/>

**Parental Resilience:** I have courage during stress and the ability to bounce back from challenges.

- Take quiet time to reenergize: Take a bath, write, sing, laugh, play, drink a cup of tea.
- Do some physical exercise: Walk, stretch, do yoga, lift weights, dance.
- Share your feelings with someone you trust.
- Surround yourself with people who support you and make you feel good about yourself.

**Social Connections:** I have friends, family, and neighbors who

help out and provide emotional support.

- Participate in neighborhood activities such as potluck dinners, street fairs, picnics, or block parties.
- Join a playgroup or online support group of parents with children at similar ages.
- Find a church, temple, or mosque that welcomes and supports parents.

**Concrete Supports for Parents:**

Our family can meet our day-to-day needs, including housing, food, health care, education, and counseling. I know where to find help if I need it.

- Make a list of people or places to call for support.
- Ask the director of your child's school to host a Community Resource Night, so you (and other parents) can see what help your community offers.
- Dial "2-1-1" to find out about organizations that support families in your area.



# Protective Factors: Continued from Page 1

**Social and Emotional Competence of Children:** My children know they are loved, feel they belong, and are able to get along with others.

- Provide regular routines, especially for young children. Make sure everyone who cares for your child is aware of your routines around mealtimes, naps, and bedtime.
- Talk with your children about how important feelings are.
- Teach and encourage children to solve problems in age-appropriate ways.

## McDowell County

In McDowell County the Child Advocacy Center: Stop the Hurt, Inc. will be busy doing several events throughout April to draw awareness to child abuse and prevention. The events are as follows:

- ⇒ April 7 Stop the Hurt will be going to businesses and placing the blue pinwheels for child abuse awareness.
- ⇒ April 15 Stop the Hurt will host a Head Start Kids Day at Big Creek People in Action, Inc. in Caretta from 12:00 – 2:30 p.m.
- ⇒ April 18 Stop the Hurt will have a basketball tournament at Mount View High School starting at 9:00 a.m. Saturday and going 2 days to support counseling services for children. Mt View High School, 9am Saturday April 18 & 12pm Sunday. This is a Double Elimination

Tournament with 1st place trophy. \$20.00 per player registration fee will include a t-shirt (please keep in mind this fundraiser is for children who have been victimized by abuse in McDowell County), 1st 10 teams will be accepted. Concession and 50/50 tickets will be sold. Half time 3 point shooting contest \$1.00 a chance (winner takes all).

⇒ April 22 Stop the Hurt will host the Awareness and Memorial Service Balloon Release at the Courthouse at noon with Robin Pruitt as the guest speaker.

⇒ April 24 Stop the Hurt will be at Big Creek People in Action Community Baby Shower from 11:00 a.m. – 1:00 p.m. to provide information on Child Abuse and Prevention.

Stop the Hurt, Inc., is a non-profit, Nationally Accredited Children's Advocacy Center that stands behind the mission to provide a comfortable, private, child-friendly setting that is both physically and psychologically safe for the child and family. The CAC will serve as a central location where children and their families can be interviewed, treated and healed.

STH, Inc., works closely with other disciplines in our area such as FACES, SAFE of Welch, MCSD, WVSP and McDowell County DHHR, with everyone working together should a child become a victim of abuse we have the resources necessary to offer assistance.

STH, Inc., is nestled on Belcher Mountain Rd., in Welch WV., our facility is secluded and well equipped so the child feels more comfortable and at ease throughout the difficult process.

We have two counselors on staff to offer therapy and a Family Advocate who will walk the child and their non-offending guardian through the interview, court process, etc.

For questions or to set up a presentation at your church, school or organizations please feel free to call or email anytime at 304-436-1600 [sth\\_childabuse@yahoo.com](mailto:sth_childabuse@yahoo.com). The website for Stop the Hurt is <http://www.stopthehurtwv.org/>.

**Pinwheels for Prevention** is a nationwide public awareness campaign that puts a new spin on prevention. The campaign uses community activities and public policies to prioritize prevention right from the start, making sure child abuse and neglect never occur.



# Southside K-8 Chayton McGhee Wins Social Studies—Regional



Chayton McGhee, fifth grader at Southside K-8 has won first place at the Social Studies Fair at the school, county, and now regionals. Chayton selected the Trebuchet for his topic.

A trebuchet (French *trébuchet*) is a type of catapult that was used as a siege engine in the Middle Ages. It is sometimes called a counterweight trebuchet or counterpoise trebuchet, to distinguish it from an

earlier weapon called the traction trebuchet, which employed pulling men working the mechanism.

The counterweight trebuchet appeared in both Christian and Muslim lands around the Mediterranean in the 12th century. It could fling projectiles weighing up to 350 pounds (160 kg) at or into enemy fortifications. Its use continued into the 15th century, well after the introduction of gunpowder.

The trebuchet's technical constructions were lost at the beginning of the 16th century. In 1984, the French engineer Renaud Beffeyte made the first modern reconstruction of a trebuchet, based on documents from 1324.

Working with his father and grandfather, they built a small trebuchet for demonstration that is fully functional. Chayton will next go to Charleston for the state level.

Chayton is the son of Daniel and Mary Whitt of Newhall.



## Junior National Honor Society Inductees



Twenty three students from Southside K-8 were inducted into the Junior National Honor Society on March 30, 2015. Students from River View High School National Honor Society presented the four components and standards of meeting those components.

Each student received a NHS Stole, certificate, membership card, and pen. Parents, students, and guests received snacks in the media center.

# R.V.H.S. SADD Chapter News

## Kick Butts Day With SADD

“Kick Butts Day is a national day of activism that empowers youth to stand out, speak up and seize control against Big Tobacco” said River High SADD President, Steven Matney. SADD Members took action by visiting businesses and talking with community leaders about the importance of tobacco prevention.

Pamphlets, brochures and other literature were distributed throughout the town of Bradshaw on Wednesday, March 18<sup>th</sup>. SADD Students were proud to speak up and speak out against any tobacco use by adults but especially by youth.

In West Virginia, the percentage of adults (ages 18+) who currently smoke cigarettes was 28.6% in 2011. Across all states and D.C., the prevalence of cigarette smoking among adults ranged from 11.8% to 29.0%. West Virginia ranked 50th among the states.

The percentage of adults who currently use smokeless tobacco was 7.5% in 2011. Across all states and D.C., the prevalence ranged from 1.4% to 9.8%. West Virginia ranked 48th among the states.



River View SADD students Stephen Matney, Kaitlyn Kennedy, Micah Addair, and Katie Collins meet with the Pharmacist at Bradshaw Rite Aid.

The students provided pamphlets on heart disease and smoking.

SADD students also spoke to several community individuals.



River View SADD students Stephen Matney, Kaitlyn Kennedy, Micah Addair, and Katie Collins meet with the nurse practitioner and staff at Bradshaw Medical Clinic.

The students provided pamphlets on heart disease and smoking.

# Meetings/Events of Interest

**Lunch & Learn**  
**April 27, 2015**  
**McDowell Public Library**  
**11:00—12:30**  
**(Registration 10:30)**

**Topic: 5 most common gynecological cancers.**

**RSVP to Kathie Whitt**  
**304-4365255**

**South Central Community Collaborative**

**April 16, 2015**

**Wyoming County DHHR**

**10:00 a.m.—12:00 noon**

**Addressing**

**Safe At Home Initiative: your help is needed to keep our children in WV.**

**NOTICE**

**April 20-22, 2015**

**Kathie and Ginger will be in training at Stonewall Jackson, leaving on Monday 20th and returning back to the office on April 23. For emergencies, please call Kathie 304-888-3836 or Ginger 304-888-8142. We will respond asap.**

**McDowell County FACES**

**April 8, 2015**

**12:00 noon FACES Office Board Meeting Only**

**Change of Date This Month Only**

**McDowell County HOPE Coalition**

**April 27, 2015**

**10:30 a.m. FACES Office**

**River View High School SADD Club Fundraiser**

**May 2, 2015**

**As a fundraiser the SADD Club Students will be passing out Pizza Hut Flyers.**

**All customers taking the Flyer to Welch Pizza Hut will enable the SADD Club to receive 20% of all sales.**

**Thank you for supporting SADD!**

**If you would like to make donations to the River View SADD Club to support their a trip to the Carowinds please contact Jamie Seabolt, Secretary at 304-967-7480 River View High School.**

**Big Creek People in Action Community Baby Shower**

**April 24, 2015 4:00 p.m.**

**Registration Required**

**Contact: 304-875-3418**

**Maria Frazier or Laura Hagerman**

**DRUG AND VIOLENCE AWARENESS DAY**

**MOUNT VIEW HIGH SCHOOL**

**MAY 2, 2015**

**10:00 a.m.—3:00 p.m.**

**McDowell County Safe & Drug Free Schools Advisory Committee and Afterschool Program sponsoring the 23rd annual Drug and Violence Awareness Day. For information contact: Bonita Miano at 304-436-8441**