



McDowell County FACES Newsletter

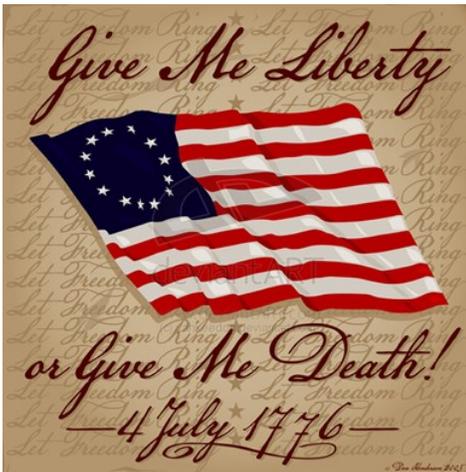
The FACES of HOPE

July, 2016

facesfrn.com

email: facesfrn@yahoo.com

Independence Day: July 4, 2016



When the initial battles in the Revolutionary War broke out in April 1775, few colonists desired complete independence from Great Britain, and those who did were considered radical. By the middle of the following year, however, many more colonists had come to favor independence, thanks to growing hostility against Britain and the spread of revolutionary sentiments such as those expressed in Thomas Paine's bestselling pamphlet "Common Sense," published in early 1776. On June 7, when the Continental Congress met at the Pennsylvania State House (later Independence Hall) in Philadelphia, the Virginia delegate Richard Henry Lee introduced a motion calling for the colonies' independence. Amid heated debate, Congress postponed the vote on Lee's resolution, but appointed a five-man committee—including Thomas Jefferson of Virginia, John Adams of Massachusetts, Roger Sherman of Connecticut, Benjamin Franklin of Pennsylvania and Robert R. Livingston of New York—to draft a formal statement justifying the break with Great Britain.

John Adams believed that July 2nd was the correct date on which to celebrate the birth of American independence, and would reportedly turn down invitations to appear at July 4th events in protest. Adams and Thomas Jefferson both died on July 4, 1826--the 50th anniversary of the adoption of the Declaration of Independence.

On July 2nd, the Continental Congress voted in favor of Lee's resolution for independence in a near-unanimous vote (the New York delegation abstained, but later voted affirmatively). On that day, John Adams wrote to his wife Abigail that July 2 "will be celebrated, by succeeding Generations, as the great anniversary Festival" and that the celebration should include "Pomp and Parade... Games, Sports, Guns, Bells, Bonfires and Illuminations from one End of this Continent to the other." On July 4th, the Congress formally adopted the Declaration of Independence, which had been written largely by Jefferson. Though the vote for actual independence took place on July 2nd, from then on the 4th became the day that was celebrated as the birth of American independence.

In the pre-Revolutionary years, colonists had held annual celebrations of the king's birthday, which traditionally included the ringing of bells, bonfires, processions and speechmaking. By contrast, during the summer of 1776 some colonists celebrated the birth of independence by holding mock funerals for King George III, as a way of symbolizing the end of the

monarchy's hold on America and the triumph of liberty. Festivities including concerts, bonfires, parades and the firing of cannons and muskets usually accompanied the first public readings of the Declaration of Independence, beginning immediately after its adoption. Philadelphia held the first annual commemoration of independence on July 4, 1777, while Congress was still occupied with the ongoing war. George Washington issued double rations of rum to all his soldiers to mark the anniversary of independence in 1778, and in 1781, several months before the key American victory at Yorktown, Massachusetts became the first state to make July 4th an official state holiday.

The tradition of patriotic celebration became even more widespread after the War of 1812, in which the United States again faced Great Britain. In 1870, the U.S. Congress made July 4th a federal holiday; in 1941, the provision was expanded to grant a paid holiday to all federal employees. Over the years, the political importance of the holiday would decline, but Independence Day remained an important national holiday and a symbol of patriotism.

Falling in mid-summer, the Fourth of July has since the late 19th century become a major focus of leisure activities and a common occasion for family get-togethers, often involving fireworks and outdoor barbecues. The most common symbol of the holiday is the American flag, and a common musical accompaniment is "The Star-

WVU 4-H Summer Camp Scheduled



I pledge . . .

*. . . to my club, my community,
my country, and the world.*

McDowell County 4-H Motto: "To
Make The Best Matter

The **HEAD—H** represents the abil-
ity to use your head. Someone who
uses their head manages their re-
sources, set goals for themselves,

and is very involved in critical de-
cisions.

The **HEART—H** represents the
ability to relate to others and dem-
onstrates caring attitude through
communication and cooperation.
Someone who nurtures others, ac-
cepts diversity and has good social
skills is a good example of the
Heart H.

The **HANDS—H** represents the
willing worker. Not the one who
sits back and waits to be asked, the
person who shows characteristics
of the Hands H is a self-motivator.
The giving personality demon-
strates leadership as well as being a
good team member.

The **HEALTH—H** represents the
ability to make healthy lifestyle
choices. Self-discipline, able to
manage stress, and practice disease
prevention. The Health H takes
responsibility for personal safety,
character, and positive self-esteem.

The Spirit of Camp embodies all
the qualities above representing a
balance personality who is capable
of contributing as a valuable mem-
ber of society.

4-H Camp

**Panther Wildlife
Management Area**

July 18-22

Energy Express Scheduled



Energy Express is an award-winning, 8-week, summer reading and nutrition program for children living in West Virginia's rural and low-income communities. Approximately 3,000 children in throughout the state will maintain or gain reading skills through Energy Express this summer.

The program is designed to provide learning opportunities and nutrition during the summer months, when children are most at risk for falling behind on reading levels – a preventable loss known as the "summer slide."

AmeriCorps Energy Express mentors make learning fun for small groups of school-age children by creating a safe, enriching environment focused on reading, writing, art and drama.

In addition to the learning activities, mentors eat nutritious, family-style meals with children, make family visits and complete a community service project.

Energy Express is a program under the leadership of WVU Extension Service's 4-H Youth Development program. This AmeriCorps program is funded, in part, by grants from the West Virginia Department of Education and the Arts and Volunteer West Virginia. Volunteer West Virginia encourages West Virginians of all ages and abilities to be involved in service to their communities. Based on the success of Energy Express participants and the unique aspects of the program, the National Center for Summer Learning at Johns Hopkins University named Energy Express program one of the nation's best summer learning programs in 2009.

In McDowell Energy Express will be at Welch, Kimball, Anawalt, Fall River, and Bradshaw Elementary Schools from June 27-July 29 for Grades K-5. For more information about becoming a mentor or

COMMUNITY FLOOD ASSISTANCE CASH DONATIONS THROUGH THE WV FAMILY RESOURCE NETWORKS

(Donations are tax deductible & receipt confirmation upon request) GREENBRIER COUNTY

CHECKS PAYABLE TO: Family Resource Network of Greenbrier County

C/O Lisa Snedegar P.O. Box 623, Lewisburg, WV, 24901

Phone: 304-646-3622, please leave a message if no answer.

Email: greenbrierfn@yahoo.com

KANAWHA-BOONE-PUTNAM COUNTIES

“We will make sure donations are provided for what people need and to who needs it the most.”

CHECKS PAYABLE TO: Regional Family Resource Network

C/O Michele Bowles P.O. Box 66, Elkview WV, 25071

Phone: 304-414-4470

MONROE COUNTY

“Every penny that comes in will go to Summers & Greenbrier cleanup and supplies”

CHECKS PAYABLE TO: Monroe Family Resource Network

P.O. Box 737, Union WV, 24983

Phone: 304-772-5960

NICHOLAS COUNTY

“Donations will go directly to clean up efforts and supplies for residents of Nicholas County”

Point of Contact recommended by the Nicholas County Family Resource Network & Starting Points Center

Nicholas County Community Foundation Inc.

https://www.razoo.com/us/story/Nccfwv?referral_code=share

SUMMERS COUNTY

“REACHH is accepting cash donations for Summers County that go directly to families who are affected.”

CHECKS PAYABLE TO: REACHH

C/O Beth Sizemore 411 Temple Street, Hinton, WV 25951

Phone: 304-466-2226

Also for Summers County: Hinton Area Foundation <http://hintonareafoundation.org>

WEBSTER COUNTY

“Working Together for Children & Families”

CHECKS PAYABLE TO: Webster County Family Resource Network

C/O Todd Farlow P.O. Box 389, Webster Springs, WV 26288

Phone: 304-847-2943

Also through “Compassionate Hope” for Webster County <https://www.gofundme.com/2bugrjb>

CLAY COUNTY

“Donations will go to assist residents of Clay County. Men’s work boots & T-Shirts needed.”

CHECKS PAYABLE TO: Clay County Family Resource Network

C/O Melinda Samples P.O. Box 148, Clay WV, 25043

Phone: 304-651-4389, please leave a message if no answer.

Email: melindasizemore@hotmail.com

SYNAR Tobacco Compliance Checks—0 Buys



USA West Virginia
GOVERNOR: Earl Ray Tomblin

LEVEL 2 - INTERMED DL IP2

4a. Iss: 03/28/2016 NOT FOR FEDERAL IDENTIFICATION

21st: 03/28/2022
18th: 03/28/2019

4d. Y999999
4b. Exp: 03/31/2019
3. DOB: 03/28/2001

1. SAMPLE
2. TINA, A
8. 123 ANYSTREET
ANYCITY, AA 00000
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Tina Sample
5. 20111027134449MARKS999999

On Monday, June 20, 2016 one River View High School SADD student assisted Ginger Day, McDowell County Partnerships For

Success Coordinator, and State Police in monitoring compliance for under age sales of tobacco products.

The state provides educational materials for stores to train their employees, completes on-site education opportunities, provides notifications that SYNAR Compliance Checks are being done.

We want to congratulate the stores in McDowell County for working to stay compliant and providing zero (0) buys.

Kwik Serv Food Mart #1, Stewart Street, Welch

Goodsons, Welch
Jimmy's Supermarket, Roderfield

Jakes Grocery, Northfork

Family dollar Store, Northfork

S & M Market, Jolo

Sunamco #2, Jolo

J-Cizzle, Davy

These are your stores that were selected for random compliance checks this year. Every employee requested ID and refused to sell. We would like to give a big shout out to those stores and their employees for their willingness to take the extra time to protect our youth.



Cheer Up The Lonely Day: July 11, 2016

Cheer Up the Lonely Day is an opportunity to make a lonely person happy. Any time you can make someone happy, you've done a good thing, and should be proud of yourself.

Lonely people have few friends and loved ones. They may have lost loved ones over the years. They especially may be elderly however loneliness can occur at any age. They see people on an infrequent basis.

Spend some time today cheering up lonely people. It's easy to do.....just spend some time with them.

When you visit, bring happy things to talk about. Keep the conversation upbeat, and lively. When you leave, give a big hug and let them know you enjoyed the stay. Sending cards or making a phone call is okay, only if they live too far away to visit.

What a lonely person really needs is face to face time with other people.

The Origin of Cheer Up the Lonely Day: According to L.J. Pesek, Cheer Up the Lonely Day was created by her father, Francis Pesek from Detroit, Michigan. She told us that he "was a quiet, kind, wonderful man who had a heart of gold. He got the idea as a way of promoting kindness toward others who were lonely or forgotten as shut-ins or in nursing homes with no relatives or friends to look in on them." Francis Pesek chose this

Meetings/Events of Interest

McDowell County FACES Community Meeting

July 13, 2016
12:00 noon

FAFES Office

Coalfield Community
Kids Day
Sat July 23, 2016 Noon
to 3:00 pm
Atwell Coalfield Com-
munity Park
Free games, hot dogs,
drinks, fun!

**Remember Those
Affected by the recent
Floods in West Virginia**

**Donations of whatever
can be coordinated with
the county FRN or link-
ing to:
West Virginia Nonprofit
Association WVNPA on**

Energy Express

Grades PK-4

June 27-July 29

Contact your school for
an application.

4-H Camp

Ages 9-18

July 18-22

Applications: contact
WVU Extension at

Donald.Reed@mail.wvu.edu

McDowell County HOPE Coalition

Is taking the summer
off to provide time for
events and activities
while allowing agencies
to take a breather and
come back refreshed in
August.

REMEMBER

This is Summer Va-
cation for our Chil-
dren.

Be sure to pay atten-
tion when you are
driving to make sure
they are as safe as
possible.

