



McDowell County FACES Newsletter

The FACES of HOPE

April, 2011

facesfrn.com

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What's In A Month?

Birth Stone: Emerald which means love or success.



Birth Month
Flower: Lily of the Valley



Healthy Families Healthy Children

Monthly Meeting

May 13, 2011

10:00 a.m.

FACES Conference Room

Multiple programs to empower families to become strong.

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May Day

May Day can refer to various labour celebrations conducted on May 1 that commemorate the fight for the eight hour day. May Day in this regard is called International Workers' Day, or Labour Day. The idea for a "workers holiday" began in Australia in 1856; after a Stonemason's victory, April 22nd was "Eight-Hour Day", a public holiday. With the idea having spread around the world, the choice of May 1st became a commemoration by the Second International for the people involved in the 1886 Haymarket affair.

The Haymarket affair occurred during the course of a three-day general strike in Chicago, Illinois, United States that involved common laborers, artisans, merchants, and immigrants. Following an incident in which police opened fire and killed four strikers at the McCormick Harvesting Machine Co. plant, a rally was called for the following day at Haymarket Square. Towards the end of the rally, as police moved in to disperse the event and opened fire on the unarmed crowd on the plea that an unknown assailant threw a bomb into the crowd of police. The bomb and resulting police riot left at least a dozen people dead, including one policeman. A sensational show trial ensued in which eight defendants were openly tried for their political beliefs, and not necessarily for any involvement in the bombing. The trial led to the eventual public hanging of four anarchists. The Haymarket incident was a source of outrage from people around the globe. In the following years, memory of the "Haymarket martyrs" was remembered with various May Day job actions and demonstrations.



May Day has become an international celebration of the social and economic achievements of the labour movement. Although the commemoration of May Day as International Workers' Day received its inspiration from the United States, the U.S. Congress designated May 1 as Loyalty Day in 1958 due to the day's perceived appropriation by the Soviet Union. Alternatively, Labor Day traditionally occurs on the first Monday in September in the United States. People often use May Day as a day for political protest, such as the million people who demonstrated against far-right candidate Jean-Marie Le Pen in France, or as a day for protest against government actions, such as rallies in support of undocumented workers across the United States.

Project Graduation



Project Graduation is an all-night, alcohol and drug-free party exclusively for graduating seniors. The event is held on graduation night from 10pm through 5am at Acton-Boxborough Regional High School.

For the past 22 years, parent volunteers and community members have produced Project Graduation for our graduating AB seniors.

The goal is to provide an evening of fun and safety on graduation night. The night features live entertainment, arcade games, psychics, crafts, a casino, lots of food, games and much more. The event is held at the high school in a completely transformed surprise theme that rivals a Broadway set! The theme is kept secret for the seniors until they arrive at the school for the event at 10:00pm on graduation night. The Community is invited to attend an open house from 8:00-9:00pm before the party.

Senior Prom

Proms of the twenty-first century are elaborate affairs dominated by designer dresses, fancy stretch limousines, and incredible competition for a place in the prom court. With all of the significance attached to the proms of today, it seems a bit surprising that the event has existed in all of its splendor only since the 1950s. The first proms came about as middle-class replications of the grand debutante balls. Parents in the middle class noticed and admired the poise of the debutantes and wished the same for their own young teens. Thus, proms were created as less expensive, less elaborate affairs where teenagers could meet in their finest clothes to share dinner (and sometimes dancing) while learning social etiquette together.

Today, expenses and extravagant themes for prom continue to rise. It is not always required for a teen to have a date to attend the prom. Some youth see it as the ultimate high school event, while others see it simply as a fun and fancy way to celebrate high school life and friendship.



Kathie Whitt's Birthday—May 20



Daughter of Darrie J. and Pat Foster and sister to Jim, Penny, Brenda, Joyce, Mike, Randy, Ron, Rush, Riley, and Darrell. With five above and five below in the birthing order, I was the first child born at Grace Memorial Hospital, Welch in 1955. I attended War Elementary, War Annex, and Big Creek High Schools. I graduated from Berea College, Berea, KY with a BA in Child Development in 1977. I have been married to Paul David Whitt for 30 years in August, and I have one son, Daniel Allen Whitt, age 28. Daniel is married to Mary and they have three children, Cloie, Chayton, and Makayla. Mark Edward Foster, who passed away in 1998, was to us our second son. I am a member of the East War Advent Christian Church. I direct the Christmas plays and Vacation Bible School at Church. I write poetry, short stories, vacation Bible school literature and plays for a hobby. But my most favorite thing I do is spend time with my family. Photo to left: Joyce's wedding, only missing Penny and Randy.

Truths I hold dear:

1. The Golden Rule—when you do unto others as you would have them do unto you, it does come back to you many times.
2. Faith and family are the most important things in life. Material things and jobs go away, friends are temporarily, and when you need help the most faith and family will always be there. Honor your parents with respect, love, and care when they cannot care for themselves.
3. Respect is earned, not entitled.
4. People pay more attention to what you do than what you say so you must lead by example.
5. Forgiveness is something you do for your own health and happiness. Life is too short to be angry and unforgiving.

Mother's Day

In most countries, Mother's Day is a recent observance derived from the holiday as it has evolved in America. When it was adopted by other countries and cultures, it was given different meanings, associated to different events (religious, historical or legendary), and celebrated in a different date or dates.

Some countries already had existing celebrations honoring motherhood, and their celebrations have adopted several external characteristics from the US holiday, like giving carnations and other presents to your own mother.

The United States celebrates Mother's Day on the second Sunday in May. In the 1880s and 1890s there were several attempts to establish a Mother's Day, but they didn't succeed be-

yond the local level. The holiday was created by Anna Jarvis in Grafton, West Virginia, in 1908 as a day to honor one's mother.



Jarvis wanted to accomplish her mother's dream of making a celebration for all mothers, al-

though the idea didn't take off until she enlisted the services of wealthy Philadelphia merchant John Wanamaker. She kept promoting the holiday until President Woodrow Wilson made it an official national holiday in 1914. The holiday eventually became so highly commercialized that many, including its founder, Anna Jarvis, considered it a "Hallmark Holiday", i.e. one with an overwhelming commercial purpose.

Jarvis eventually ended up opposing the holiday she had helped to create. She died in 1948, regretting what had become of her holiday. In the United States, Mother's Day remains one of the biggest days for sales of flowers, greeting cards, and the like; it is also the biggest holiday for long-distance telephone calls.

Take Time For Your Mother

Memorial Day

Memorial Day is a United States federal holiday observed on the last Monday of May (May 30 in 2011). Formerly known as Decoration Day, it commemorates U.S. soldiers who died while in the military service. First enacted to honor Union and Confederate soldiers following the American Civil War, it was extended after World War I to honor Americans who have died in all wars. Memorial Day often marks the start of the summer vacation season, and Labor Day its end. Begun as a ritual of remembrance and reconciliation after the Civil War, by the early 20th century, Memorial Day was an occasion for more general expressions of memory, as ordinary people visited the graves of their deceased relatives, whether they had served in the military or not. It also became a long weekend increasingly devoted to shopping, family get-togethers, fireworks, trips to the beach, and national media events such as the Indianapolis 500 and the Coca-Cola 600 auto races, the former has been held since 1911 on the Sunday of Memorial Day weekend. The latter, since 1960 on Sunday Night of Memorial Day weekend.

Older Americans Month

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Meeting: 2nd Thursday of each month at noon—open to the public.

This newsletter brought to you by funds from the WV DHHR.

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Older Americans Month is an occasion to show appreciation and support for our seniors as they continue to enrich and strengthen our communities. This year's theme—Older Americans: Connecting the Community—pays homage to the many ways in which older adults bring inspiration and continuity to the fabric of our communities, and highlights how technology is helping older Americans live longer, healthier, and more engaged lives. The U.S. Administration on Aging is sponsoring two exciting activities in observance of Older Americans Month 2011, a video challenge and a video game tournament. We welcome and encourage the participation of seniors and community members across the country. For more information about Older Americans Month, visit the U.S. Administration on Aging.

Celebrate older Americans by doing something for them—cut their grass, clean their house, take them out for a day—whatever—just show them they are important to this county.



Service Array Updates: What does your organization offer under these categories.

Safety 1: Children are first and foremost protected from abuse and neglect.

Safety 2: Children are safely maintained in their homes whenever possible and appropriate.

Permanency 1: Children have permanency and stability in their living arrangements.

Permanency 2: The continuity of family relationships and connections is preserved for children.

Well-Being 1: Families have enhanced capacity to provide for their children's needs.

Well-Being 2: Children receive appropriate services to meet their educational needs.

Well-Being 3: Children receive adequate services to meet their physical and mental health needs.

South Central Community Collaborative (DHHR, Service Providers, Private Providers, and Family Resources Networks) meet monthly to implement identified strategies to improve the services provided under these headings.



Health Opportunities for Positive Education Coalition

- 1. Prevention without Borders: Prescription Drug Forums May 3 and 13.
2. In-Home Visitation Program: Selected Parents as Teachers (PAT) instead of MIHOW. Grant submitted and awaiting decisions.
3. Diabetes: Dining With Diabetes classes ongoing, Community Collaborative Team submitting work plans for addressing diabetes, obesity, and general health issues.
4. Komen: FACES was funded again this year to continue outreach education on breast health through the Susan G. Komen Foundation For the Cure. If you are interested in having Shelia Muncy come to your meetings etc. to present on this topic contact Kathie Whitt at 304-436-5255.
5. Drug Free Alternative Day: May 7 at Mount View High School.