

# McDowell County Resource Capacity and Development Plan FY 12 - FY 17

**FRN Outcome: McDowell County residents will achieve and maintain good physical and mental health. (Healthy People)**

**Strategy #1: Promote, plan and coordinate efforts within McDowell County for the provision of Primary Health Care.**

<i>Action Steps of the Strategy</i> <b>FRN</b>	<i>Tasks to Complete Action Steps</i>	<i>Benchmarks and Proposed Timeframes for Action Steps</i>	<i>Intended Effects of Action Steps</i>	<i>Continuous Quality Improvement Process Utilizing Data for Action Steps</i>	<i>Person/Groups Responsible for Action Steps</i>	<i>Proposed strategy Completion Date</i>  <i>Quarterly Status</i>
1. Determine the accessibility and quantity of primary child health care in McDowell County	1.1 Determine if an existing community committee is operating and can assume this strategy. 1.2 Meet with stakeholders 1.3 Gather information on the quantity and accessibility of the following important primary child health care services: Well-baby services, immunizations, speech, language, hearing, and vision evaluations, urine and lead screenings, and assessments for disabilities and developmental delays.	1. January 2012	1.1 Detail information on the availability of Primary Child Health Care, dedicated group of stakeholders to address this Strategy.	1.1 Service Map of the listed primary child health care services, and gaps.	1.1 FRN Board of Directors, FRN Coordinator, Health/Medical providers serving McDowell county.	January 2013
2. Maintain and update information related to Primary Child Health care	2.1 Incorporate findings of services and supports into existing community information (WV Beehive, McDowell Co FRN Resource Directory).	2. Initial review of Bee Local- 10/11 Ongoing as information becomes available.	2. Current information on the important child health care services are accessible on the Bee Local and other forms as requested by community members.	2. Bee Local data is current.	2. FRN Director	
3. Charge Community Committee to address deficiencies in the accessibility,	3.1 Community Committee will be responsible for this strategy.	January 2012- January 2013	Committee establishes.	Local FRN to monitor	Community Committee	

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quality and/or quantity of primary child health care services.	3.2 FRN staff will maintain stakeholder contact information. 3.3 FRN will collect and share data regarding primary child health care and other health indicators.		Communication protocols establish.		Members FRN Director	
4. Implement plan to expand the delivery of primary Child health care.	4.1 Community Committee will design a Health Plan. 4.2 FRN staff will communicate the plan with McDowell county residents. 4.3 FRN staff will provide Quarterly reporting on the implementation of such plan. 4.4 Barriers on the local level will be addressed. 4.5 State level Barriers to implementation will be shared with state level stakeholders.	January 2013	Health Plan is designed.  County stakeholders are informed	FRN Board and SCCC monitor for progress of this strategy on a quarterly basis.	Community Committee Members  FRN	
5. Monitor effectiveness.	5.1 Community Committee will establish evaluation process. 5.2 FRN will share evaluation results with community stakeholders.	January 2013	Evaluation Process design.  County stakeholders are informed	FRN Board and SCCC monitor for progress of this strategy on a quarterly basis.	Community Committee Members  FRN	
6. Support, expand, and strengthen the Health Opportunities for Positive Education (HOPE) Coalition.	6.1 Identify gaps in services in the community specifically related to health of children and families. 6.2 Conduct monthly HOPE Coalition meetings to make partners aware of local and state issues that affect families. 6.3 Complete updates to physical	Year One/Five	Agencies have access to information, funding sources, programs, data, etc. to determine	FRN Board and SCCC monitor for progress of this strategy on a quarterly basis.  Data chart for	Local FRN HOPE Coalition	

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	and mental health resources. 6.4 Search funding opportunities for the HOPE Coalition or its stakeholder agencies sufficient to implement the HOPE Coalition strategies. 6.5 Offer support for breast cancer survivor celebrations. 6.6 Support adult nutrition programs 6.7 Improve methods of CHIP enrollment, recruitment, distribution of applications, and media.		activities, strategies, and programs.  Increased participation in health initiatives in McDowell County.	enrollment in CHIP		

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**FRN Outcome: McDowell County Residents will possess marketable skills and have access to good jobs. (Good Skills, Good Jobs)**

**Strategy #2: Assist McDowell County Economic Development partners with strategic planning, resources, and training as necessary.**

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1. Support economic development strategies by offering TA in strategic planning, organizational structure, capacity training, evaluation processes and funding opportunities.	1.1 Complete capacity assessment of agencies, nonprofits, and providers in the county. 1.2 Assist in recruiting trainers for capacity building. 1.1 Identify economic development opportunities through surveys and committee work. 1.4 Assist the Community Collaborative Team to update Blueprint plan for economic development. 1.5 Maintain support for the Wastewater Treatment Coalition of McDowell County by providing meeting space, facilitation and resources.	Year One/Five	Economic Development Agencies are engaged in communication with multiple disciplines.	FRN Board monitor for progress of this strategy on a quarterly basis.	Local FRN	On-going

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**FRN Outcome:** McDowell County children will be ready to succeed in school. (Ready for School)

**Strategy #3:** McDowell County as an established plan for addressing deficiencies in the physical, social, emotional health of the children it services.

<i>Action Steps of the Strategy</i>	<i>Tasks to Complete Action Steps</i>	<i>Benchmarks and Proposed Timeframes for Action Steps</i>	<i>Intended Effects of Action Steps</i>	<i>Continuous Quality Improvement Process Utilizing Data for Action Steps</i>	<i>Person/Groups Responsible for Action Steps</i>	<i>Proposed strategy Completion Date</i>  <i>Quarterly Status</i>
<b>SCCC</b> 1. Create a plan for school-based Family Resource Worker implementation.	1.1 Research effective school-based FRW models. 1.2 Create proposal for FRWs based on outcome data, latest research, best practices and individual community/collaborative dynamics and needs. 1.3 Connect with local school initiatives, like Drop-out Prevention and Century 21 programs, expanded school based Mental Health services. 1.4 Develop a survey for school principals to complete to gain their understanding, input and support for school-based FRWs.	Year One/Two	To educate stakeholders regarding effective FRW models. The creation of a model will affect buy-in from persons/groups responsible for action steps.	SCCC to monitor progress of this strategy on a quarterly basis.	Local FRNs, local BOEs, or schools (principals, PTOs) Service Providers & other stakeholders	By 2014
<b>FRN</b>	1.1. Maintain Stakeholder contact information for McDowell County. 1.2. Recruit and retain a wide range of traditional and non-traditional stakeholders.	2011	Educational and Community Stakeholders Contact Information is kept current		FRN Director	
<b>SCCC</b> 2. Create a supportive environment for the implementation of school-based FRW plan.	2.1. Community stakeholders will schedule meetings with individual school superintendents to propose FRW plan. 2.2. Community Stakeholders will propose FRW plan to individual	Year Two/Three	Invest persons/groups from Step 1 & 2 in process. Build a sup-	SCCC to monitor progress of this strategy on a quarterly basis. BOE and FRN	Local FRNs, local BOEs, or schools(principal PTOs) Service Providers & other stake-	

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	school boards. 2.3. Continue to meet and work with school leadership and boards to resolve conflicts until plan specifications are accepted.		portive team atmosphere among all parties involved. Encourage those involved to look at plan costs objectively.	to provide leadership and oversight on the progress of this strategy	holders	
<b>FRN</b>	2.1. Provide assistance in scheduling committee meetings; provide room locations, set up as needed. 2.2. Maintain minutes and provide update for quarterly review of this strategy.	2011/2012	Coordination of resources with adequate space and historical documentation.	FRN Board and SCCC monitor for progress of this strategy on a quarterly basis. Regular meetings are held.	Local FRN	
<b>SCCC</b> 3. Locate funding for school-based FRWs	3.1. Community Stakeholders and School Boards will work together to research and locate potential funding sources for FRWs 3.2. Applications/requests to funding sources will be submitted. 3.3. Funding stream(s) for FRW plan will be obtained.	Year Three/Four	Invest persons/groups from Step 1 & 2 in process. Build a supportive team atmosphere among all parties involved. Encourage those involved to	BOE and FRN to provide leadership and oversight on the progress of this strategy	Local FRNs, local BOEs, or schools(principal, PTOs) Service Providers & other stakeholders	

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			look at plan costs objectively.			
<b>FRN</b>	3.1. Provide assistance in scheduling committee meetings, room locations, and set up as needed. 3.2. Maintain minutes and provide update for quarterly review of this strategy.	Year Three/Four	Coordination of resources with adequate space and historical documentation.	FRN Board and SCCC monitor for progress of this strategy on a quarterly basis.	Local FRN	
<b>SCCC</b> 4. Implement FRW plan in individual schools.	4.1. Hire FRWs. 4.2. Implement supervisory system for FRWs 4.3. Train FRWs and school principals on plan dynamics, tasks, and intended outcomes.	Year Five	School-based FRWs are in place in the SCCC area	BOE and FRN to provide leadership and oversight on the progress of this strategy	Local FRNs, local BOEs, or schools(principals PTOs) Service Providers & other stakeholders	
<b>FRN</b> 6. Facilitate planning groups for a quality mental health plan for McDowell County children.	6.1 Network with providers to identify gaps in services for mental health needs. 6.2 Provide opportunity for providers to review the needs and make recommendations. 6.3 Provide support for referral services to Healthy Families Healthy Children, Parents as Teachers programs, Family Resource Center, Head Start, Child Care Centers, Pre-K, and the BOE Wellness Council. 6.4 Support the initiatives of the Healthy Families Healthy Children	Year Four	Systems protocol and planning is in place in SCCC.	BOE, SCCC, and FRN to provide leadership and oversight on the progress of this strategy.	SCCC, local FRNs, local BOEs, or schools (principals PTOs) Service Providers & other stakeholders	

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	Coalition and Parents as Teachers In Home Visitation Program via Board Membership.					



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**FRN Outcome: McDowell County parents will have adequate resources to protect, nurture, educate, and support their children. (Strong Families)**  
**Strategy #4:**

<i>Action Steps of the Strategy</i>	<i>Tasks to Complete Action Steps</i>	<i>Benchmarks and Proposed Timeframes for Action Steps</i>	<i>Intended Effects of Action Steps</i>	<i>Continuous Quality Improvement Process Utilizing Data for Action Steps</i>	<i>Person/Groups Responsible for Action Steps</i>	<i>Proposed strategy Completion Date</i>  <i>Quarterly Status</i>
<b>SCCC</b> 1. Assess existing services, coalitions and stakeholders and incorporate strategies with existing <u>substance abuse</u> prevention groups in each county.	1.1 Meet with local substance Abuse Coalitions and Community programs, including those sponsored by the FRNs, churches, civic groups, etc.	Year One	Coordinated effort, avoid duplication of effort	Annual review of the data	Local FRNs, local substance abuse coalitions	On-going
<b>FRN</b>	1.1. Maintain Substance Abuse Stakeholder contact information for McDowell County. 1.2. Assist in planning and coordination of the Substance Abuse Prevention Plan. 1.3. Maintain the Service Array Assessment Rating Sheets for the related services/practices: <b>Types of Services/Practices</b> <ul style="list-style-type: none"> <li>• Substance Abuse Prevention Services</li> <li>• Outpatient Substance Abuse Services</li> <li>• Residential Adolescent Substance Abuse Treatment</li> <li>• Residential Adult Substance Abuse Treatment</li> <li>• Residential Substance Abuse Treatment for Women with Dependent Children</li> <li>• Substance Abuse Prevention Community Strategic Plan</li> </ul> 1.4. Collect and share data specific	Year One	Maintain current stakeholders contact information.  Use Substance Abuse Assessment sheets as baseline information.	Substance Abuse Models are explored and selected.	Local FRNs, local substance abuse coalitions	

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	to substance abuse issues in McDowell County.					
<b>SCCC</b> 2. Form a SCCC workgroup of community stakeholders to identify needs. Can be an already identified workgroup.	2.1 Each county will elect representatives to form collaborative workgroup	Year One	Same as above	Annual Progress reports presentations to SCCC	Local FRNs, local substance abuse coalitions	
<b>FRN</b>	2.1. Maintain Substance Abuse Stakeholder contact information for McDowell County. 2.2. Recruit and retain a wide range of Substance Abuse traditional and non-traditional stakeholders	2011  Maintain current stakeholders contact information.	Maintain current stakeholders contact information.	Maintain current stakeholders contact information.	FRN Director	
<b>SCCC</b> 3. Develop tri-county work/action plan	3.1 Workgroup will develop work plan from identified needs/services	Year Two	To maximize effects of efforts	Annual progress reports & presentations to SCCC	Local FRNs, local substance abuse coalitions	
<b>FRN</b>	3.1. Ensure that a well-constructed, research/evidence-based community plan is established for McDowell county. Plan to include: Identification of the specific drugs and other child and adolescent problems; builds on McDowell County existing resources; utilization of research-based prevention programs; address sustainability and evaluation process. 3.2 Update assessment of substance abuse data. 3.3 Complete assessment of Keep A Clear Mind Program for 6 <sup>th</sup> graders.	2012	Plan meets all require elements	Data Charts from Child and Family Snapshot: Community Drug /Alcohol Use Drug Related Offenses	Prevention Stakeholders	

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<b>SCCC</b> 4. Monitor progress effectiveness and sustaining workgroup	4.1 Workgroup will report to SCCC with assessment and next steps	Year Two, Three, Four, Five	To make adjustments as needed, identify new participants	Annual progress reports & presentations to SCCC	Local FRNs, local substance abuse coalitions	
<b>FRN</b>	4.1. Ensure that a well-constructed, research/evidence-based community plan is established for McDowell county. Plan to include: Identification of the specific drugs and other child and adolescent problems; builds on McDowell County existing resources; utilization of research-based prevention programs; address sustainability and evaluation process.	Year Two, Three, Four, Five	To make adjustments as needed, identify new participants	Annual progress reports & presentations to SCCC	Local FRNs, local substance abuse coalitions	
<b>SCCC</b> 1. Assessment: Identify all <u>local resources</u> for families	1.1. Contact any/all local organizations related to parenting in the 3 county areas.	Year One/Two	To increase knowledge of already available resources	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	Year Five 2014
<b>FRN</b>	1.1. Maintain and update information related to parenting services in McDowell County.	December 2011	Update service/resources in Bee Local	Update service/resources in Bee Local	FRN Director	Year Five 2014
<b>SCCC</b> 2. Capacity: Design an assessment tool for identifying current services and gaps in services	2.1. Collect information about services, programs and other resources currently offered in parenting	Year One/Two	Increase access for parents in their quest for skills needed for a healthy fam-	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	

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			ily.			
<b>FRN</b>	2.1. Maintain and update information related to parenting services in McDowell County.	December 2011	Update service/resources in Bee Local	Update service/resources in Bee Local	FRN Director	Year Five 2014
<b>SCCC</b> 3.Planning: Develop taskforce of area service providers, parents, and other organizations	3.1. Taskforce will develop a plan to address gaps, duplication of services and barriers to parenting. 2. Seek funding for implementation where necessary	Year One/Two	Increase access for parents in their quest for skills needed for a healthy family.	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	
<b>FRN</b>	3.1. Maintain Service Array Assessment Rating Sheets for the following services: Adults Mentors Parent Anonymous Parent Pals Child Welfare Mentors 3.2. Maintain Community Snapshot 3.3. Maintain Parenting Stakeholder Contact list 3.4. Maintain meeting minutes and reports 3.5. Provide a quarterly report on the implementation of this strategy.	Year One-Five	Increase access for parents in their quest for skills needed for a healthy family.	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	Year Five 2014
<b>SCCC</b> 4.Implementation: Develop a How to Guide for various parenting related groups to establish self-help groups	4.1. Collect self-help group models, guides and adapt a parenting self-help group booklet. 4.2. Review the Parent's Anonymous guidelines, materials for good "how to" models	Year Two/Three	Increase access for parents in their quest for skills needed for a	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	

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	Distribute “how to guides” to all identified parenting groups.		healthy family.			
<b>SCCC</b> 5.Implementation: Parenting, relationship classes, access to services, support groups and other identified needs as shown in assessment	5.1. Scheduling of classes in various locations (geographic isolation should be considered). 5.2. Provision of childcare and transportation needs as necessary.	Year Three/Four	Increase access for parents in their quest for skills needed for a healthy family.	Quarterly reporting to SCCC on progress with this strategy	Local FRNs	
<b>SCCC</b> 6.Evaluation: Measurement of parental involvement related to the child’s well-being.	6.1. Follow-up with parents, children, and providers to measure improvement in their quality of life.	Year Five	Increase the number parents receiving support	Evaluation report	Local FRNs	

## McDowell County Resource Capacity and Development Plan FY 12 - FY 17

**FRN Outcome: McDowell County children will live in permanent and stable homes. (Stable Homes)**

**Strategy #5:**

<i>Action Steps of the Strategy</i>  <i>FRN</i>	<i>Tasks to Complete Action Steps</i>	<i>Benchmarks and Proposed Timeframes for Action Steps</i>	<i>Intended Effects of Action Steps</i>	<i>Continuous Quality Improvement Process Utilizing Data for Action Steps</i>	<i>Person/Groups Responsible for Action Steps</i>	<i>Proposed strategy Completion Date</i>  <i>Quarterly Status</i>
1. Assist agencies with evaluation of housing needs for McDowell County.	1.1 Maintain and update data specific to the housing needs in the county. 1.2 Assist in defining “rural homelessness” and share the concept with county agencies. 1.3 Provide space for meetings to develop housing in the county.	2011	Information on housing necessary to complete planning for future housing needs.	FRN Board to monitor the progress of the initiative.	Local FRN	May 2012

**FRN Outcome: McDowell County residents will be safe in their homes and communities. (Safe Communities)**

**Strategy #6: Increase awareness of child abuse and neglect in McDowell County.**

<i>Action Steps of the Strategy</i>  <i>FRN</i>	<i>Tasks to Complete Action Steps</i>	<i>Benchmarks and Proposed Timeframes for Action Steps</i>	<i>Intended Effects of Action Steps</i>	<i>Continuous Quality Improvement Process Utilizing Data for Action Steps</i>	<i>Person/Groups Responsible for Action Steps</i>	<i>Proposed strategy Completion Date</i>  <i>Quarterly Status</i>
1. Provide opportunity for child abuse and neglect dialogue, assessment, and networking for providers and organizations.	1.1 Assessment of child abuse and neglect cases in McDowell County. 1.2 Identify risk and protective factors for children and women. 1.3 Introduce CFSR strategies identified for child abuse.	Year One/Five	Providers have access to current data and an understanding of CFSR strategies.	Local FRN Board to monitor quarterly.	Local FRN	On-going