



McDowell County FACES Newsletter

The FACES of HOPE

September, 2014

facesfrn.com

email: facesfrn@yahoo.com

TALK, THEY HEAR YOU: UNDERAGE DRINKING

According to data, 86% of our children in McDowell County ages 12-18 do not drink. We need to recognize these children, tell them how proud we are of them for making the choice not to drink, and provide alternative activities to keep them away from alcohol.

How do we do this? Talk to them, they hear you clearly. They may not act as though they are listening but they are. They need to know you are proud of their choices.

Prevent the use of alcohol in the home. Investigate if alcohol is available in homes of their friends and have conversations with the parents to protect your child.

If there are sports at school, encourage them to become active in them. If there are community events that are alcohol free, get involved in them. These are protective measures.

14% of our children in McDowell County ages 12-18 report drinking. Alcohol and the misuse of prescription drugs are the leading contributing factors to deaths among 12-25 year olds in WV. If you are a high school student who drinks, you are over 7 times more likely to smoke cigarettes, over 6 times more likely to use marijuana, over 4 times more likely to use prescription drugs, and over 2 times more

likely to have been hit or slapped by a boyfriend or girlfriend. It is a contributing factor to poor academic performance, juvenile delinquency, violence, and unwanted pregnancies.

Having conversations with children and teens about risky behaviors like underage drinking can seem daunting. But now, a new mobile app developed by the Substance Abuse and Mental Health Services Administration (SAMHSA) is making that task easier.

The app features a simulated new video game-like tool to help parents practice tough conversations about underage drinking in a risk-free virtual environment. The app will be released soon and the [online simulation tool](#) is available now.

This mobile app is the newest component of "[Talk. They Hear You.](#)" SAMHSA's underage drinking prevention campaign that launched May 2013. The campaign equips parents and caregivers with the information, tools, and confidence they need to start talking to youth early -- as early as nine years old -- about the dangers of alcohol.

As an evidence-based behavioral tool that uses life-like avatars to engage in interactive conversations, each virtual role-play conversation is structured as a 10 to 15-minute

interactive, video game-like experience. Users enter a risk-free practice environment, assume a parental role, and engage in a conversation with an intelligent, fully animated, emotionally responsive avatar that models human behavior and adapts its responses and behaviors to the user's conversation decisions.

"The summer season is a time of year when families spend a lot of time together," said Frances M. Harding, Director of SAMHSA's Center for Substance Abuse Prevention. "Now is the perfect time for parents and caregivers to connect with their children and talk about the dangers of drinking alcohol. Short, frequent discussions can make all the difference. This mobile app provides a safe place to practice these conversations and build confidence." Visit underagedrinking.samhsa.gov to try this new tool and for more tips and information.

**START TALKING
BEFORE THEY
START DRINKING**
www.stopalcoholabuse.gov

Pancake Breakfast

Proceeds go to WV Breast & Cervical Diagnostic & Treatment Fund.

Sterling Drive In—Stewart Street
 Welch, WV

September 13, 2014
 8AM-11AM

Sponsored by the McDowell Co. HOPE Coalition, Harold & Vicki McBride



HOPE Coalition has been working to make it more effective and ready to take on issues facing our county. Over the past two months the Coalition has met to address the areas of need that it will address and created Task Force Sub-committees to begin concentrated efforts. The Sub-committee Task Forces include the following the co-chairs listed:

Health & Wellness: Nathan Acosta; Jennifer Farmer
Treatment of Chronic Disease: Donald Reed; Shelia Muncy
Family: Jay Wilson; Karen Wilson
Alcohol, Tobacco, and Other Drugs: Ginger Day (plus one)
Child Abuse/Domestic Violence: DeeAnn Heptus; Rosie Jackson
 The co-chairs are currently recruit-

ing members for these committees. If you would like to be on a committee, please contact Donald Reed at 304-436-9001 or Kathie Whitt at 304-436-5255.

The Task Force Committees may meet at different times and locations than the HOPE Coalition which meets the 4th Monday of each month.

WV DHHR Grant Requirements

If you receive grants from WV DHHR for programs, services, etc., and want to have all the requirements for the Office of Management and Budget, you can go the site below for a complete guide. This site will provide you with requirements, forms, guidelines, and helpful links to guide you through all the requirements.

<http://www.wvdhhr.org/oamr/GranteeAuditComplianceGuide/Index.html>

Students Against Destructive Decisions: (SADD) Chapter



Mission:

To provide students with the best prevention tools possible to deal with the issues of underage drinking, other drug use, risky and impaired driving, and other destructive decisions.

SADD believes that young people can have fun, enjoy life and nurture positive personal relationships without the distraction and distortion of alcohol. SADD seeks to demonstrate positive and attractive alternatives to alcohol and other drug-infused activities for teenag-

ers.

SADD does not believe that it is possible to break the law responsibly. SADD and its chapters do not support or condone activities that encourage or enable the use of alcohol by underage young people.

SADD is an inclusive, not an exclusive, organization. SADD recognizes that the pressures on young people to drink, use illicit drugs and engage in other unhealthy behaviors are strong. SADD seeks not to punish or alienate those students who make unfortunate choices but rather aims to inform, educate, support and empower young people to make positive decisions in their lives.

SADD's unique approach involves young people delivering education and prevention messages to their peers through school- and communitywide activities and campaigns

responsive to the needs of their particular locations. Projects may include peer-led classes and theme-focused forums, teen workshops, conferences and rallies, prevention education and leadership training, awareness-raising activities and legislative work. Independent studies have shown that students in schools with an established SADD chapter are more aware of and informed about the risks of underage drinking, other drug use, and impaired driving. Students in schools with a SADD chapter are also more likely to hold attitudes reflecting positive reasons not to use alcohol.

McDowell County SADD is recruiting students to participate now. Contact Ginger Day at 304-436-5255 for more information and to sign up.

COMMUNITY SCHOOLS



Southside K-8 has completed the in-school, provider surveys, and three community forums to obtain information on what everyone would like to see at the Community Schools which includes the Thomas C. Hatcher Community Center. As the Steering Committee continues to develop strategies for making the Community Schools a reality, we will keep you posted. If you have an idea that you would like to incorporate, please send an email to facesfrn@yahoo.com. If you would like to work with Southside Community Schools, contact the Principal at the school.

McDowell County Upcoming Events

Chronic Disease Self-Management Classes

If you would like to participate in this six-week FREE class!

Contact Ginger Day at 304-436-5255

McDowell County FACES
September 11, 2014
12:00 noon

Refreshments will be provided,
please RSVP to 304-436-5255



McDowell County
HOPE Coalition
Meeting
September 22, 2014
10:30 a.m.—12:00 noon
Presentation:

Partnerships for Success
Community Dialogue

Got Drugs?



Prescription Drug Take Back Day

September 27, 2014

10:00 a.m.—2:00 p.m.

Kimball Walmart

McDowell County EXPO

Postponed at this Time