



# NETWORK NEWS



## WV CHIP

The WV Children's Health Insurance Program (WVCHIP) is a low cost health care plan for children and teenagers of working families.

What is WVCHIP? WVCHIP was created to help working families who do not have health insurance for their children.

Services covered by WVCHIP:

- ♥ Doctor visits
- ♥ Check-ups
- ♥ Hospital visits
- ♥ Immunizations
- ♥ Prescriptions

- ♥ Tests and X-Ray
- ♥ Dental care
- ♥ Vision care (Not covered for premium plan)
- ♥ Emergency Care
- ♥ Mental Health
- ♥ Diabetic Supplies
- ♥ Urgent care or After Clinic Visits
- ♥ Case Management for Special needs
- ♥ And many more.....

Who Is Eligible For WVCHIP? Your children are eligible if they:

1. Live in WV
2. Are 18 or younger
3. Don't have health insurance now and haven't had it in the past 6 months
4. Are not eligible for PEIA
5. Are not eligible for WV Medicaid
6. Live in families meeting WVCHIP Income Guidelines
7. Are a US citizens or qualified alien

For more information and income guidelines visit the web site [www.wvchip.org](http://www.wvchip.org) or call 1-877-WVA-CHIP

## VIRGINIA TAX FREE HOLIDAY

What is a sales tax holiday?

A sales tax holiday is a temporary period when sales taxes are not collectible or payable on all or a specific class of purchases.

What's Exempt: During this 3-day period, pur-

chases of qualifying school supplies selling for \$20 or less per item, and purchased of qualifying clothing and footwear selling for \$100 or less per item will be exempt from sales tax.

Computers will not be eligible for this exemp-

tion. The tax free weekend for VA is scheduled to begin at 12:01 a.m. on, August 7, 2009 and will end at midnight on, August 9, 2009.

**The state of West Virginia will not be holding a Tax Free Holiday this year.**

### Inside this issue:

ATV Facts and Laws	2
Protect Children from Sexual Predators	2
Acronyms	2
Panther State Park	3
How to Keep the Grocery Bill Low	3
Jr. Special Forces complete Annual Training	3
A Dozen Questions with Daniel Varney	4

### Special points of interest:

- FACES Community Meetings every month on the 2nd Thursday at 12:00 noon at the McDowell County Public Library.
- HOPE Coalition Meeting every month on the 4th Monday at 10:30 a.m. at the McDowell County Public Library.





## ATV FACTS AND LAWS

### Current ATV Facts for West Virginia

- ◇ The State of WV has an average 23 deaths per year from January 2000-December 2003.
- ◇ More than 95% of crash victims were not wearing a helmet.
- ◇ One-third of crashes involve passengers.
- ◇ About 40% of crashes occur on paved streets and roads.
- ◇ 24% of the deaths were among children 16 years of age and younger. 12% were among men 65 years of age and older
- ◇ 22% of crashes involve alcohol or drugs.

### WV State Law Requires:

- \* All ATVs must be titled.
- \* All riders under 18 must complete a rider safety awareness course.
- \* All riders under 18 shall wear helmets at all times.
- \* ATV use is banned from paved roads with a center line or

more than 2 lanes, except to cross and except for getting from one trail or field to another. Can travel up to 10 miles going no faster than 25 mph. on paved roadways.

- \* No passengers are permitted except if the ATV is designed for a passenger or if the passenger is at least age 18 and the operator is at least 18 and has a driver's license.
- \* ATVs shall not be operated from sunset to sunrise without a lighted taillight and headlight.

(From the WVU Emergency Rural Health Network)

## PROTECT YOUR CHILDREN FROM SEXUAL PREDATORS

1. Walk with your child around the neighborhood and point out places that the child should not go. Explain how important it is that your child never go to any of these places without you.
2. Learn about your neighbors. Many times sexual predators move into neighborhoods without police or area residents having a clue.
3. Talk with your child about playing outside with other children and never enter anyone's home without prior approval. Explain to them how sometimes bad things can happen and you need to know where they are at all times.
4. Start a neighborhood watch. This way the children will always have an adult looking out for suspicious people.
5. Never allow acquaintances in your home unsupervised around your children.
6. Teach the child not to talk to strangers no matter who they say they are. This includes people that offer puppies or candies as a way to get the child close to them.
7. Never allow children to walk home from school or go anywhere alone.
8. Before sending a child to school or a day care, investigate and check all records to make sure no violations have occurred.

## Acronyms & Terms

- ♥ F.A.C.E.S.-Families, Agencies, Children, Enhancing Services
- ♥ DHHR-Department of Health and Human Resources
- ♥ SAFE-Stop Abusive Families Environments
- ♥ SHED-SAFE Housing & Economic Development Inc.
- ♥ SAMHSA-Substance Abuse and Mental Health Services Administration
- ♥ CADCA-Community Anti-Drug Coalitions of America
- ♥ UMWA-United Mine Workers of America
- ♥ WVCHIP-West Virginia Children's Health Insurance Program
- ♥ WVBCCSP-West Virginia Breast and Cervical Screening Program
- ♥ STH-Stop The Hurt
- ♥ COA-Commission on Aging
- ♥ WCH-Welch Community Hospital

## PLAN A VISIT TO BEAUTIFUL PANTHER STATE PARK

Panther is located in the rugged mountains near the southern border of WV, VA, and KY.

Panther State Park offers a swimming pool, and a wading pool for children. Evening pool rentals are available.

Picnicking areas vary from areas with playgrounds, shelters, volleyball court, grills, and picnic tables. Picnic shelter reservations are available.



Recreation at Panther State Park

Panther offers excellent opportunities for hunting and fishing. During the spring months, a 4-mile section of Panther Creek is stocked with trout. Excellent deer, turkey, squirrel, and grouse hunting is permitted in season on the area. Hunting is not permitted in designated safety zones. WV hunting licenses and/or fishing license.

Panther offers miles of trails which is open for hikers.

A rustic campground is located beside the beautiful Panther Creek. All 6 sites have electrical hook-up, fireplace, and picnic tables. Pit toilets and a well hand-pump are available. Rates: \$13.00

Group Camps are also available a 60 person barracks and a modern kitchen complex provides a well designed overnight facility. The group camp is rented by the week. A minimum of two nights rental is required. Reservations are required.

(For more information: 304-938-2252 or 1-800-CALL-WVA)

## HOW TO KEEP THE GROCERY BILL LOW

1. Take the time once a week to look through the grocery ads. Circle items that are good deals.
2. Keep a running list of things that you are out of. If you have to keep running back and forth to the grocery store because you forgot something, this extra gas will add to the cost of your grocery bill.
3. Clip coupons and use them on your next grocery shopping spree. Using coupons can help save money. If you multiply that by a weekly amount you will save hundreds of dollars.
4. Eating less is a sure way to keep the grocery bill low. It isn't always easiest way but consider the amount of obesity in America. If you are over weight at all this will be a

good time to both lower your grocery bill and lose weight at the same time.

5. Create a budget and bring only cash to the grocery store with you. Knowing that you only have a certain amount of money to spend will help keep your grocery bill low. You will be less likely to purchase unnecessary items such as chips and soda.



6. Avoid taking children to the store if possible. They tend to make us spend more.

## Jr. Special Forces completes Annual Training at Camp Dawson.



13 youth from McDowell County and 3 youth from Wheeling completed a 5 day Annual Training camp at Camp Dawson.

Youth competed in team activities such as relay races and marching competitions. The group completed a 20 mile bike ride from Kingwood to Morgantown on a Rails-to-Trail run. Map reading, gun safety, drug and alcohol awareness, leadership, water safety, first aid and wilderness survival are just a few classes

that were given.

The group was given a tour of WVU and visited the basketball stadium and ran laps on the football field.

At the end of camp week youth and adult leaders alike enjoyed a cookout complete with a Karaoke-Dance.

## McDowell County FACES

90 Howard Street  
Welch, West Virginia 24801  
2nd Floor of the McDowell  
County Public Library

Phone: 304-436-5255  
Fax: 304-436-5256  
Email: facesfrn@yahoo.com

To be the Consumer  
Voice of McDowell  
County

We're on the web  
[www.facesfrn.com](http://www.facesfrn.com)



Speeches are like steer horns --- a point here, a point  
there and a lot of bull in between.

- Evelyn Anderson

## A DOZEN QUESTIONS WITH DANIEL VARNEY

Currently Daniel works for the McDowell Public Library in Welch, WV. In August, he will take on a new job for the City of Welch at the Water Treatment Plant.



1. What is your favorite beverage? Coke
2. Favorite Dessert? I'm not really a dessert person but Banana Pudding if I have to choose one.
3. If you could listen to only one song for the rest of your life what would it be? Ice Ice Baby by Vanilla Ice <laughs> or something by the Ramones
4. Strangest prank call you ever received? Someone called the library looking for books on bloomers. I think it was you guys.
5. First Car? Red Ford Aspire
6. Favorite Actor-Actress and Why? Jim Varney for obvious reasons. Bella Lugosi and Boris Carloff.
7. Favorite Beatle? Ringo
8. If you were a cartoon character, who would you be? Doug Funnie
9. First Job? Carryout at Goodsons Supermarket
10. If you were stranded on a desert island, what 3 things would you want with you? iPod, lots of food and a radio.
11. What hobby do you have that could make you money? I am an artist (paintings on canvas)
12. What is your worst habit? I have OCD. I obsess over organization in my house like CDs and kitchen appliances. My mom moved my toaster and I went nuts about it.

Daniel will be missed at the Library.  
Good luck on your new job!

THANKS FOR LETTING US  
INTERROGATE YOU!